

Prof Laurence Kirwan MD FCRS FACS

CONSULTANT PLASTIC AND RECONSTRUCTIVE SURGEON

BODY PROCEDURES

Improve your figure, enhance your shape



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There are several body contouring procedures that can help to restore your figure or give you the kind of body shape you have always wanted. Some, such as 3-D Superficial Liposuction can be applied to nearly all parts of the body but most procedures tend to target specific areas such as the upper arms, the tummy, buttocks, thighs and hips.

Body contouring surgery procedures involve the removal of excess fat or skin from the area being treated. The aim is to leave the patient with a more toned, well-defined and youthful appearance.

Perhaps you have heard awful stories about the risk of cheap plastic surgery. Maybe you have read the headlines in the press when something has gone wrong or perhaps you have seen cosmetic surgery nightmare features in the media.

Well, let us invite you to one of our clinics, where we can reassure you about the safety of our proven surgery procedures, show you genuine photos of real success stories and discuss your concerns.

Please note that all photographs are shown by way of example and do not suggest an implied or written guarantee of the results that may be achievable in your individual case. It is important that you have realistic expectations regarding the outcome of your surgery and are doing it for yourself and not others. Surgery is an important decision and carries with it potential risks and complications. It should only be undertaken after careful consideration. You should be comfortable with your surgeon on a personal basis and satisfied that he has the required qualifications and experience.

We offer an extensive range of cosmetic and reconstructive procedures that includes:

**Liposuction (Power Assisted)
Abdominoplasty**

**3-D Superficial Liposuction
Modified Abdominoplasty**

**Mini-abdominoplasty
Arm Lift**

Liposuction (Power Assisted)

Liposuction removes pockets of stubborn fat (diet and exercise resistant) that have become deposited in various areas of the body over time. Prof. Kirwan uses the Micro-Aire Power Assisted Lipoplasty Device during this procedure, which requires less force and makes the procedure easier on both patients and surgeons.

3-D Superficial Liposuction

Whereas some liposuction only removes fat from the deeper layers, 3-D SLS removes fat from all layers. This results in greater body definition and also means you may look good both in and out of clothes.



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Mini-abdominoplasty

This procedure is confined to the lower abdomen, the skin below the belly-button. It may be suitable for women who have had children or for men and women who have been left with sagging skin after significant weight loss. The scar is generally short and restricted to the lower abdomen.

Abdominoplasty

Commonly known as a tummy tuck, abdominoplasty tightens the stomach muscles and removes the excess skin surrounding the area leaving you with a sexy looking belly button and tummy. The benefits can also be seen around the upper thighs and pubic area. The resultant scar will extend from one hip-bone to the other.

Modified Abdominoplasty

This procedure tightens the abdominal muscles and removes a small amount of lower abdominal skin. The scar is confined to the lower abdomen. There is a scar around the belly-button (navel). Liposuction may be used in all types of tummy-tucks to further flatten the tummy.

Arm Lift

This procedure removes the extra and unwanted skin that hangs from the underside of the upper arms and is commonly termed 'Bat wings' or 'Bingo wings'. It will restore a more youthful appearance to the arms.



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